

Changing Lives

“Services at the Safe Journey program are done with dignity ... The counseling is inspirational and educational. Safe Journey has restored my hope.”

“They accepted me at my lowest point, with no resources or ability to pay. They have restored my hope. They’ve allowed me to be myself, tell the truth about my pain and get support and education on the important steps I need to take.”

“My Safe Journey counselor gave me hope when I didn’t think I had any left. The peace I feel now -- physically and emotionally -- is something I never thought I’d get back.”

“I was trying to change my life, yet every agency I contacted didn’t know how to help me. I called the Safe Journey program and for the first time in months I am smiling! I feel hopeful. I feel heard.”



Services

Safe Journey is a non-residential domestic violence counseling and resource center that is open to anyone, no referral required. From our secure, confidential and handicapped-accessible suburban location, we provide services that empower survivors on a journey toward wholeness and independence.

- Individual counseling
- Support group
- Safety planning
- Financial & career counseling
- Personal empowerment workshops
- Lending library
- Court accompaniment
- Furniture program
- Legal & community referrals

Contact Us

Phone: 585.425.1580
Website: www.resolve-roc.org

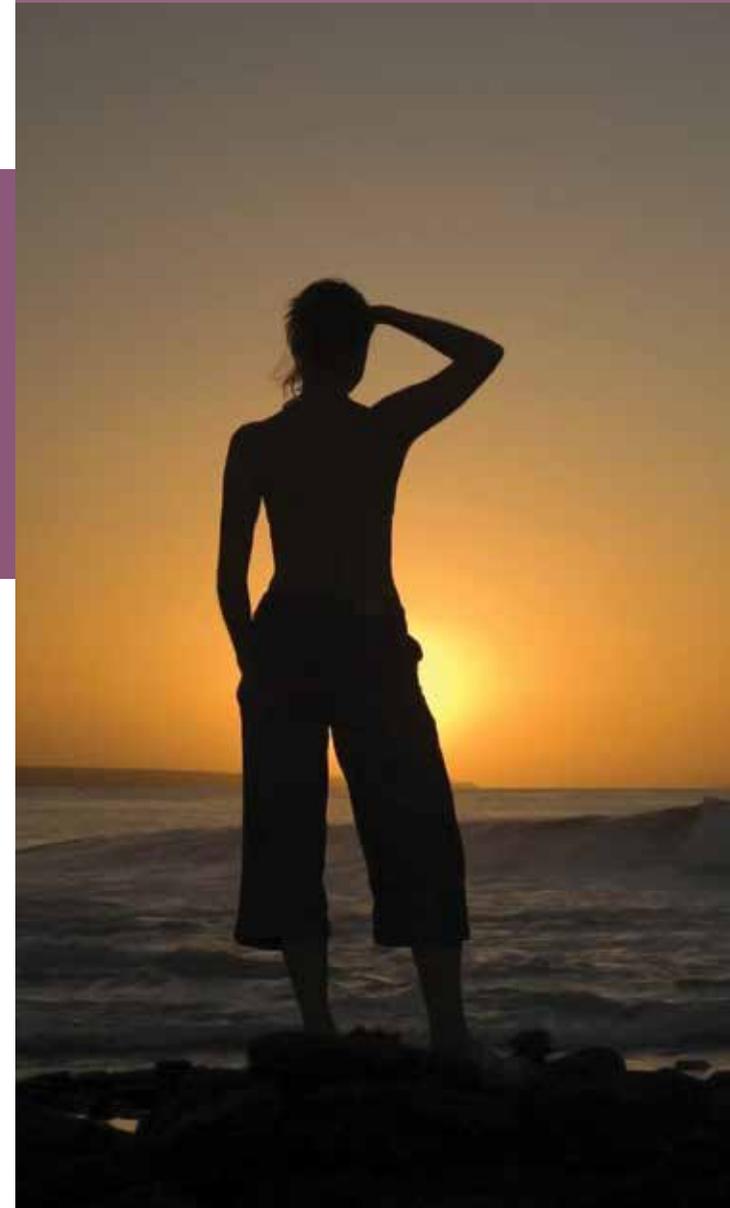


a program of **RESOLVE:**

PO BOX 21 • FAIRPORT, NY 14450
RESOLVE of Greater Rochester is a 501(c)3 nonprofit organization



Breaking the cycle of domestic violence



Opening Eyes

**Domestic violence ... Family violence
Intimate partner violence ... Dating violence**

Whatever the name, the effects are the same. At Safe Journey, a program of RESOLVE, we are committed to breaking the cycles of violence and abuse that permeate our homes and relationships.

Everyone deserves to feel safe in their own home. Everyone deserves to be treated with decency and respect. **You are not to blame.** Nobody has a right to abuse you verbally, emotionally, physically, sexually, financially or otherwise.

You can break the cycle of abuse and move on.

We believe in you.

To begin your Safe Journey, call RESOLVE today and speak with a trained counselor.



Are you questioning your relationship?

Maybe you're still committed but don't know how to make sense of things... Maybe you're moving through the courts, feeling frustrated and depleted... Or maybe you left years ago but have never been able to move on. At Safe Journey, we will support you in finding answers that fit for you.



Rebuilding takes hope, support and healing

Our goal is to empower you on the path from surviving to thriving! Using a holistic, individualized approach, our caring staff will support you as you reclaim your wholeness and grow in confidence.

What is domestic violence?

Domestic violence is the willful control and intimidation of one member of an intimate relationship over another. It may include elements of verbal, emotional, physical, sexual and financial abuse and it generally escalates over time, sometimes leading to death.

Contrary to popular belief, domestic violence does not discriminate. One-in-four women in the United States will experience domestic violence during adulthood; and in Monroe County, domestic violence is reported at nearly equal rates in the suburbs and the city.

Domestic violence does not just happen to other people. Anyone, regardless of age, race, income, gender, sexual orientation, education, or religion can be impacted; and when children witness domestic violence, the consequences often span generations.

